

**Bergen Community College  
Department of Nursing  
Psychosocial Clinical Assessment Tool**

**Subjective Data (Basic Conditioning Factors)**

Student:

Date(s) of care:

Patient's Initials:

Age:

Allergies:

Admitting Diagnosis - DSM IV - Axis I:

Secondary Diagnosis(es):

DSM IV-Axis II:

Axis III:

Axis IV:

Axis V:

Developmental stage/tasks (Erickson):

History of present illness:

Past psychiatric history:

Patient:

Family:

Past medical/surgical history:

Medications:

Herbal remedies:

Vitamins/Minerals:

Meditation/Yoga:

Massage:

Acupuncture/Acupressure:

Aromatherapy:

Other:

Diagnostic test(s) (give results):

1. Presenting problem (pt.'s description)
  
2. Precipitating event/stressor(s):
  
3. Support systems:
  - A. Marital status: single \_\_\_\_\_ married \_\_\_\_\_ divorced \_\_\_\_\_ widowed \_\_\_\_\_
  - B. Job/occupation \_\_\_\_\_
  - C. Relationships \_\_\_\_\_
  
4. Suicidal/homicidal potential:
  - A. Past attempts: yes \_\_\_\_\_ no \_\_\_\_\_ # \_\_\_\_\_  
Details:
  
  - B. Threats/Plan/Intent: yes \_\_\_\_\_ no \_\_\_\_\_  
Details:
  
5. History of substance abuse: yes \_\_\_\_\_ no \_\_\_\_\_ Legal involvement: yes \_\_\_\_\_ no \_\_\_\_\_
  - A. Type:
  - B. Frequency:
  - C. Amount:
  - D. Treatment history:
  
6. Sleep disturbances: yes \_\_\_\_\_ no \_\_\_\_\_  
Details:
  
7. Appetite disturbances: yes \_\_\_\_\_ no \_\_\_\_\_  
Details:
  
8. Bowel/bladder disturbances: yes \_\_\_\_\_ no \_\_\_\_\_  
Details:
  
9. Change in energy level/libido: yes \_\_\_\_\_ no \_\_\_\_\_  
Details:

10. **Mental Status Exam**

A. General Appearance

- 1) Dress:  
neat\_\_\_\_\_ disheveled\_\_\_\_\_ malodorous\_\_\_\_\_ casual\_\_\_\_\_ other\_\_\_\_\_
- 2) Posture:  
slumped\_\_\_\_\_ erect\_\_\_\_\_ relaxed\_\_\_\_\_ tense\_\_\_\_\_
- 3) Gait:  
steady\_\_\_\_\_ unsteady\_\_\_\_\_
- 4) Behavior/attitude/motor activity:  
calm\_\_\_\_\_ cooperative\_\_\_\_\_ restless\_\_\_\_\_ pacing\_\_\_\_\_ lethargic\_\_\_\_\_  
tremors\_\_\_\_\_ psychomotor retardation\_\_\_\_\_ tics\_\_\_\_\_
- 5) Speech:  
clear\_\_\_\_\_ pressure\_\_\_\_\_ rapid\_\_\_\_\_ loud\_\_\_\_\_ mute\_\_\_\_\_  
rambling\_\_\_\_\_ stuttering\_\_\_\_\_ slurring\_\_\_\_\_

B. Affect:

appropriate to content\_\_\_\_\_ constricted\_\_\_\_\_ blunted\_\_\_\_\_ flat\_\_\_\_\_  
congruent\_\_\_\_\_ incongruent\_\_\_\_\_ suspicious\_\_\_\_\_ sad\_\_\_\_\_ labile\_\_\_\_\_

C. Mood:

hopeless\_\_\_\_\_ helpless\_\_\_\_\_ optimistic\_\_\_\_\_ pessimistic\_\_\_\_\_

D. Sensorium/intelligence:

- 1) Orientation: person\_\_\_\_\_ place\_\_\_\_\_ time\_\_\_\_\_
- 2) Memory: Short term: intact\_\_\_\_\_ impaired\_\_\_\_\_  
Long term: intact\_\_\_\_\_ impaired\_\_\_\_\_
- 3) Judgment: intact\_\_\_\_\_ impaired\_\_\_\_\_
- 4) Insight: awareness of illness: good\_\_\_\_\_ fair\_\_\_\_\_ poor\_\_\_\_\_  
Details\_\_\_\_\_
- Defense mechanisms\_\_\_\_\_
- Coping Skills\_\_\_\_\_

E. Thought Content (describe):

- 1) obsessions:
- 2) delusions:
- 3) compulsions:
- 4) phobias:
- 5) suicidal/homicidal thoughts:
- 6) hallucinations:

F. Thought Process:

logical\_\_\_\_\_ relevant\_\_\_\_\_ coherent\_\_\_\_\_ irrelevant\_\_\_\_\_ circumstantial\_\_\_\_\_  
blocking\_\_\_\_\_ flight of ideas\_\_\_\_\_ perseverations\_\_\_\_\_