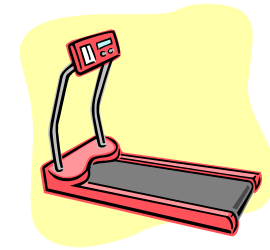




# Fitness Center S-128 Free Hours Spring 2010



Revised: 1/28/10

Days	Times
Mondays	8:00 am – 10:45 am - OPEN 1:45 pm – 2:45 pm - OPEN 3:45 pm – 7:00 pm - OPEN
Tuesdays	3:00 pm - 7:00 pm - OPEN
Wednesdays	8:00 am – 12:30 pm - OPEN
Thursdays	11:30 am – 1:30 pm - OPEN 3:00 pm – 7:00 pm - OPEN
Fridays	9:00 am – 3:00 pm - OPEN

Please inform the Wellness/Exercise Science office (G-201 or G-207) if the facility is not open during scheduled hours.

- Proper attire is required
- Valid college ID is required.
- No food or drink in Fitness Center.
- Medical form must be on file with Health Services.

**HOURS SUBJECT TO CHANGE WITHOUT NOTICE**