

ADDITIONAL CONTINUING EDUCATION OPPORTUNITIES...

- Ciarco Learning Center
- The Hispanic Institute
- Bergen Community College at the Meadowlands
- Bergen Community College at Fort Lee High School
- Foundation
- Institute for Learning in Retirement
- Moses Family Meeting & Training Center

BERGEN IN HACKENSACK

The Philip Ciarco Jr. Learning Center
Paul F. Ragusa, MA Ed., Director

Our Mission

Located at 355 Main Street in Hackensack, The Philip Ciarco Jr. Learning Center was founded by Bergen Community College in 1970 with the primary mission of providing educational and support services for adults seeking high school equivalency education and English as a Second Language (ESL). Since then, thousands of adults have completed coursework that has improved their quality of life through language acquisition, acculturation, and the development of workplace skills for employment and job advancement.

Our Vision

Today, in addition to high school equivalency education and ESL, The Ciarco Center offers college credit courses, non-degree credit courses, accelerated credit courses, known as Flexible Start courses, employment preparation and job training, and a wide variety of other general education, certificate and degree classes.

Our Location

All of our courses and programs may be completed in a spacious, modern, and welcoming environment in vibrant, downtown Hackensack. We are easily accessible by public transportation or car. Ample parking is available.

Contact Us

For further information on all Hackensack courses and programs, to make an appointment with one of our academic/admission counselors, to register for ESL or GED Placement Testing, or to learn course availability, please visit us in-person at:

The Office of Information and Registration
Ciarco Learning Center
Bergen Community College
355 Main Street
Hackensack, NJ, 07601

Office Hours: Monday: 8:30 a.m. to 6:00 p.m.
Tuesday: 8:30 a.m. to 7:00 p.m.
Wednesday: 8:30 a.m. to 7:00 p.m.
Thursday: 8:30 a.m. to 6:00 p.m.
Friday: 8:30 a.m. to 4:30 p.m.

You may also call the Ciarco Center at (201) 489-1551 or visit us on the web at www.Bergen.edu/Ciarco for additional information.

English as a Second Language and GED Courses

ESL Course Descriptions

Beginner ESL I (AL 512). This 75-hour course introduces students of English Language to basic grammar structures while concentrating on vocabulary development. Taught with an emphasis on conversation, this course also introduces students to 10 hours of computer lab time and teacher guided exercises to reinforce language comprehension, vocabulary, and speaking functions. (Tuition: \$335)

Beginner ESL II (AL 513). This 75-hour course builds on basic grammar structures learned in Beginner I and increases the student's vocabulary. It provides students with a solid understanding and comprehension of basic grammar

structures, increased vocabulary, and fundamentals of pronunciation with 10 hours of computer lab time and teacher guided exercises to reinforce language comprehension, vocabulary and speaking functions. **Prerequisite:** Beginner ESL I or Placement Test (Tuition: \$335)

Intermediate ESL I (AL 492). This 75-hour course has a strong focus on reading, conversation and language comprehension. It provides students with a comprehensive understanding of verb tenses. Taught with an emphasis on conversation, this course includes 10 hours of computer lab time and teacher guided exercises to reinforce language comprehension, vocabulary and speaking functions. **Prerequisite:** Beginner ESL II or Placement Test (Tuition: \$335)

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Intermediate ESL II (AL 493). This 75-hour course builds on existing English skills taught in previous levels, allowing for a comprehensive understanding and proper use of regular and irregular verbs in past tenses. Taught with an emphasis on conversation, the course also provides students with 10 hours of computer lab time and teacher guided exercises to reinforce areas of language comprehension, vocabulary and speaking functions. **Prerequisite:** Intermediate ESL I or Placement Test (Tuition: \$335)

Advanced ESL I (AL 494). This 75-hour course is designed to refine a student's English Language abilities and introduce grammar structures that will enable the student to understand, converse and function socially in everyday life and work related situations. Taught with an emphasis on conversation, it provides students with 10 hours of computer lab time with teacher guided exercises to reinforce language comprehension, vocabulary and speaking functions. **Prerequisite:** Intermediate ESL II or Placement Test. (Tuition: \$335)

Advanced ESL II (AL 495). This 75-hour course is designed for students who have completed the Advanced I program. It focuses on the refinement of English skills, grammar structures, language and communication. The course improves competency in grammar and instills confidence in the ability to comprehend and use correct and complex English structures with an emphasis on conversation. The course includes 10 hours of computer lab time with teacher guided exercises that reinforce comprehension, vocabulary and speaking functions. **Prerequisite:** Intermediate Level II or Placement Test. (Tuition: \$335)

Conversation and Writing I (AL 514). This 75-hour course is designed to give advanced ESL students additional practice in spoken and written English. Review of grammar, punctuation and sentence structure will be done as needed. Discussion and conversation topics will form the basis for weekly writing assignments, which will consist of short and long essays. Students will also participate in 10 hours of computer lab time to use the program, 'English Discoveries – Speech and Dialogues'. Students will also be able to research their essay topics using the Internet. **Prerequisite:** Advanced ESL or Placement Test. (Tuition: \$335)

Conversation and Writing II (AL 515). This 75-hour course is builds on the skills learned in Conversation and Writing I with additional practice in spoken and written English. Review of grammar, punctuation and sentence structure will be done as needed. Discussion and conversation topics will form the basis for weekly writing assignments, which will consist of short and long essays. Students will also participate in 10 hours of computer lab time to use the program, 'English Discoveries – Speech and Dialogues'. Students will also be able to research their essay topics using the Internet. **Prerequisite:** Conversation and Writing I. (Tuition: \$335)

American Pronunciation Level 1 or 2 (AL 499 or AL 599). These 60-hour classes are designed to create confidence and direction in English Pronunciation with immediate and recognizable results. **Prerequisite:** ESL Beginner I (Tuition: \$265)

Let's Talk (AL 496). This 60-hour course is designed to provide ESL students with better pronouncing, speaking, and listening skills while increasing their vocabulary. **Prerequisite:** ESL Beginning II or Placement Test (Tuition: \$265)

Grammar Review (AL 517). This 60-hour course, intended for ESL students, is designed to provide a comprehensive review of English grammar and usage to students with advanced English-speaking skills. **Prerequisite:** Advanced ESL or Placement Test (Tuition: \$265)

Accent Reduction (AL 516). This 60-hour course is designed to refine speaking and writing abilities through proficiency of the oral and written American English systems. It is offered for those students who have a command of spoken English but an accent sufficient to hinder them in business, scholastic or social situations. **Prerequisite:** Advanced ESL, Placement Test or demonstrated command of spoken English. (Tuition: \$265)

GED Preparation Course Descriptions

Academic Skills (AL 511). This 75-hour course is designed to review the areas of reading, writing, and math and practice test-taking techniques. All students will be assessed in reading, math, and language before placement in this course. Enrollment is limited to provide immediate and individualized attention to students. **Prerequisite:** Placement Test (Tuition: \$335)

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The Philip Ciarco Jr. Learning Center

GED (AL 531). This 75-hour course is designed for students who want to achieve their High School Diploma and need a review of the GED test subjects (writing, social studies, science, literature, math, and essay writing), or who need assistance in test taking strategies. All students will be assessed in reading, math, and language before placement in this course. **Prerequisite:** Academic Skills course or Placement Test. (Tuition: \$335)

Math for the GED and Beyond (AL530). This 37 & 1/2-hour course is designed to teach students basic mathematical skills and to prepare them for successive intermediate and advanced levels of instruction. All students will be assessed in math before placement in this class. (Tuition: \$295)

Flexible Start Courses

Complete a 3-credit "Flexible Start" course in just 7 & 1/2 weeks at our Hackensack location!

Flexible Start courses are unique in two ways. They begin later in the semester (Week 7) than courses in Paramus and Meadowlands, providing you the opportunity to take a course after the other campus semesters are already underway. In addition, Flexible Start courses can be completed in a shorter period of time, allowing you to complete a typical 15-week course in just seven and one-half weeks! **Visit our website at www.Bergen.edu/Ciarco or Web Advisor for course offerings, availability and registration.**

Full Semester & Flexible Start Course Offerings May Include

ART-101	Art Appreciation	(3 Credits)
BUS-101	Introduction to Business	(3 Credits)
CRJ-101	Introduction to Criminal Justice	(3 Credits)
CRJ-113	Introduction to Juvenile Justice	(3 Credits)
HIS-101 & 201	U.S. History	(3 Credits)
MAT-011, 031	Developmental Math & Algebra	(3 Credits)
PHR-101 & 121	Philosophy & Religion	(3 Credits)
THR-101	Introduction to Theater	(3 Credits)
PSY-101	General Psychology	(3 Credits)
EBS-011 & 012	English Developmental Skills I & II	(5 Credits)
EBS-021	English Skills	(5 Credits)
EBS-031	Directed Studies Writing	(1 Credit)
WRT-101	Composition I	(3 Credits)
WRT-201	Composition II	(3 Credits)

The above credit course offerings may vary by semester and are dependent upon enrollment. For the most current offerings please visit www.bergen.edu <<http://www.bergen.edu>> and select the link to Web Advisor. Select the appropriate term (e.g. Spring 012) and choose the location, Hackensack. Check the "Show All Sections" box.



THE HISPANIC INSTITUTE

IN COOPERATION WITH BERGEN COMMUNITY COLLEGE

OFFERS CLASSES IN:

- ENGLISH AS SECOND LANGUAGE (LEVELS 1-10) •
- CONVERSATION I, II & III • AMERICAN IDIOMS • AMERICAN PRONUNCIATION •
- WRITING ESSAYS AND COMPOSITIONS • KEYBOARDING • INTRODUCTION TO THE PC •
- MS WORD • MS EXCEL • MS ACCESS • MS POWERPOINT • GED (IN SPANISH)*

SPRING CYCLE: MARCH 24 – JUNE 9, 2012

SATURDAY CLASSES (10 SESSIONS)

9:00 AM-1:00 PM OR 1:30 PM-3:30 PM

REGISTRATION DATES

MARCH 10 & 17, 2012
FROM 9:00 AM TO 5:00 PM

INSTRUCTIONAL SITE:

CIARCO LEARNING CENTER
355 MAIN STREET
HACKENSACK, NEW JERSEY

COST:

40-HOUR COURSES- \$200.00

20-HOUR COURSES-\$100.00

GED- 60 HOURS-\$295.00

\$20.00 LATE FEE IF YOU REGISTER ON OR AFTER FIRST DAY OF CLASS.

\$20.00 PLACEMENT TEST FEE
CASH OR VISA/MASTER CARD.
NO PERSONAL CHECKS.

FOR MORE INFORMATION CALL (201) 368-1414

THE HISPANIC INSTITUTE IS A NON-PROFIT ORGANIZATION SERVING
THE HISPANIC COMMUNITY SINCE 1984.

THE HISPANIC INSTITUTE

EN COOPERACIÓN CON BERGEN COMMUNITY COLLEGE

OFRECE CLASES DE:

- INGLÉS (NIVELES 1-10) • CONVERSACIÓN I, II & III • PRONUNCIACIÓN NORTEAMERICANA •
- MODISMOS NORTEAMERICANOS • COMO ESCRIBIR ENSAYOS Y COMPOSICIONES •
- MECANOGRAFÍA • INTRO. A LA COMPUTADORA PERSONAL •
- MS WORD • MS EXCEL • MS ACCESS • MS POWERPOINT • GED (EN ESPAÑOL)*

CICLO DE PRIMAVERA: 24 DE MARZO – 9 DE JUNIO, 2012

CLASES LOS SÁBADOS (10 CLASES)

9:00 AM-1:00 PM ó 1:30 PM- 3:30 PM

FECHAS DE INSCRIPCIÓN:

10 Y 17 DE MARZO, 2012
9:00 AM - 5:00 PM

CENTRO DE INSTRUCCIÓN:

CIARCO LEARNING CENTER
355 MAIN STREET
HACKENSACK, NEW JERSEY

COSTO DE LOS CURSOS:

CURSOS DE 40 HORAS- \$200.00

CURSOS DE 20 HORAS- \$100.00

GED - 60 HORAS-\$295.00

\$20.00 DE RECARGO SI SE INSCRIBE EL PRIMER DÍA DE CLASE O DESPUÉS.

\$20.00 DE CARGO POR EL EXÁMEN DE NIVELACIÓN
SOLO SE ACEPTA PAGO EN EFECTIVO O TARJETA DE CRÉDITO VISA/MASTER CARD.
NO SE ACEPTAN CHEQUES PERSONALES.

PARA MAS INFORMACIÓN, LLAME AL (201) 368-1414

EL HISPANIC INSTITUTE ES UNA ORGANIZACIÓN SIN FINES DE LUCRO QUE SIRVE
A LA COMUNIDAD HISPANA DESDE 1984.

BERGEN AT THE MEADOWLANDS

Bergen Community College at the Meadowlands
Dr. Ronald Milon, Director

Offering Credit and Non-Credit Courses

Closer to You

The mission of Bergen Community College at the Meadowlands is two-fold: to provide an affordable quality education that gives students a competitive advantage in the global marketplace and access to the best employment opportunities, and to provide workforce training partnerships in economic development that provide the community with avenues to employment and career growth, to achieve the American dream. Bergen Community College at the Meadowlands offers a convenient and flexible educational environment that promotes continuous, diverse learning and achievement close to home.

Excellence in Continuing Education and Professional Development

In today's global economy it is important to stay ahead of the curve. Bergen Community College will equip you with the knowledge and skills required to succeed in all aspects of life. Whether your goal is to earn a degree, advance in your career, explore a new vocation, re-enter the workforce, start a business, or pursue a favorite pastime your journey to success begins at Bergen Community College at the Meadowlands.

Our contact information

- **Address:** 1280 Wall Street West, Lyndhurst, NJ 07071-3517
- **Phone:** (201) 460-0610
- **Email:** bccmeadowlands@bergen.edu
- **Website:** www.bergen.edu/meadowlands

The Facilities

Bergen Community College at the Meadowlands, an educational hub for southern Bergen County, is conveniently located, easily accessible, and is a beautifully renovated, state-of-the-art, multi-service educational facility.

Check out our online courses!

We offer a wide range of highly interactive non-credit courses online in partnership with Ed2go. These online courses are affordable, fun, fast and convenient. All courses offer 12 lessons over a 6-week period. In addition to the online courses offered in this catalog, please visit our website at www.ed2go.com/bccdce or call (201) 447-7488 for further information or to register.

BUSINESS

Certificate in Business of Entertainment

This certificate program showcases the array of job opportunities available in the entertainment industry. Participants can either elect to take 4 courses to obtain a Certificate of Completion or take any individual course(s) based on interest or need.

This Community Based Job Training program is made possible by a grant from the U. S. Department of Labor – Employment and Training Administration. Bergen Community College and the Employment Pathways Initiative does not discriminate in employment on the basis of race, color, religion, sex, national origin, political affiliation, sexual orientation, gender identity, marital status, disability and genetic information, age, membership in an employee organization, or other non-merit factor.

ME 339 Careers in the Entertainment Industry

3 sessions; \$115

001, Sat.; February 4-February 18, 2012

Hours: 10:00 a.m.-12:00 p.m.

Location: TBA

This introductory course explores the many opportunities for a career in entertainment including set design and construction, lighting design, entertainment law, advertising and marketing, stage management, producing, general management and public relations. The course will also touch upon careers in creative endeavors such as writing, directing, choreography and composing.

Instructor: Steve Demas

BERGEN AT THE MEADOWLANDS

ME 340 Entertainment Advertising and Promotion

3 sessions; \$115

001, Sat.; February 25-March 10, 2012

Hours: 10:00 a.m.-12:00 p.m.

Location: TBA

Entertainment advertising and promotion is a very big business utilizing a broad spectrum of skills and talents. Like the productions they serve, advertising agencies and public relations firms require individuals with business skills and those with excellent creative ability. This course will examine, through case studies, some of the most successful campaigns for the entertainment industry, find a common thread for success, and provide students with an opportunity to create an advertising and promotion plan and creative platform for a hypothetical or real production, utilizing media and Internet outlets.

Instructor: Steve Demas

ME 341 Marketing & Branding in Entertainment

3 sessions; \$115

001, Sat.; March 24-April 21, 2012

(no class 4/7)

Hours: 10:00 a.m.-12:00 p.m.

Location: TBA

This course builds on Entertainment Advertising & Promotion to explore the organized, well-planned, complex process of branding a hit in "live" theatre. Students will discover the possibility of "review-proofing" a show with money. Creating an illusion of success before the first costume is sewn or set piece built, has become the luxury for productions with the resources and marketing plan to begin far in advance of opening night. Areas to be covered include: the concept album, merchandise, press leaks, the "making of..." video and other critical tools for building a foundation for audience expectations.

Instructor: Steve Demas

ME 342 Presenting an Idea: "The Pitch"

3 sessions; \$115

001, Sat.; April 28-May 12, 2012

Hours: 10:00 a.m.-12:00 p.m.

Location: TBA

Whether it is an idea for a feature film, a documentary, an advertising campaign or a live stage production, people in suits who listen to "the pitch" decide the life or death of the idea. No set, costumes, music, song or dance invade this austere business gathering. This course gives students the opportunity to study the basic elements for preparing and giving the pitch. Learn the historic great pitches of entertainment history. Using writing, storyboarding and per-

formance, students will collaborate in small groups to create and pitch their idea to the class.

Instructor: Steve Demas

Stärke:

Certificate in Sports Management

Stärke: The Sports Management Certificate Program will empower students in the principles, concepts, and practices of sports management. The program certification is designed to foster leaders in sports management who understand and appreciate sports dynamics in the domestic and international communities.

To obtain a certificate, participants must complete all 7 courses. Courses may be taken individually on a non-certificate basis.

This Community Based Job Training program is made possible by a grant from the U. S. Department of Labor – Employment and Training Administration. Bergen Community College and the Employment Pathways Initiative does not discriminate in employment on the basis of race, color, religion, sex, national origin, political affiliation, sexual orientation, gender identity, marital status, disability and genetic information, age, membership in an employee organization, or other non-merit factor.

ME 345 Sports Management Foundations

2 sessions; \$120

001, Tues.; January 31-February 7, 2012

Hours: 6:30-9:30 p.m.

Location: Room LYN-224

Students will build on sports fundamentals to learn leadership and management principles and practices. The course will touch on various sports in the global community, and include supervision, communication, and organizational responsibilities in facilities management.

ME 350 Emergency Management in Sports

3 sessions; \$180

001, Wed.; February 8-February 22, 2012

Hours: 6:30-9:30 p.m.

Location: Room LYN-224

This course is designed to increase the student knowledge base in emergency management within sports. Leaders will learn to address different facets of crisis; including law enforcement, medical response, mass emergency preparedness, proactive response cases and recovery.

BERGEN AT THE MEADOWLANDS

ME 348 Business Development, Marketing and Fundraising for Sports Management

4 sessions; \$240

001, Tue.; February 14-March 6, 2012

Hours: 6:30-9:30 p.m.

Location: Room LYN-224

Students will learn contemporary sports terminology and applications in sports management. They will gain knowledge regarding sports promotions through community outreach and media relations. Financial concepts in fundraising development, capital campaigns, planned giving and donor motivation will be some of the aspects covered.

ME 349 Financial & Personnel Management in Sports

3 sessions; \$180

001, Mon.; March 5-March 26, 2012

(no class 3/19)

Hours: 6:30-9:30 p.m.

Location: Room LYN-224

This course is designed to provide wide-ranging coverage of financial theories and concepts in facilities management, cash flow management, break-even analysis, and the impact of economic fluctuation in sports. Students will become skilled in staff interviewing, screening, and processing as they develop training programs and skills assessments.

ME 347 Sports Law and Alternate Dispute Resolution

3 sessions; \$180

001, Tue.; March 27-April 10, 2012

Hours: 6:30-9:30 p.m.

Location: Room LYN-224

Examine current ethical complexities, the legal system within sports management, and alternative dispute resolution as a means of resolving conflicts that fall outside of the judicial system; review negotiation, mediation, collaborative law and arbitration.

ME 351 Sustainability in Sports Management

2 sessions \$120

001, Th.; April 5-April 12, 2012

Hours: 6:30-9:30 p.m.

Location: Room LYN-224

Learn how sports are going green. Sustainability concepts can be incorporated to many aspects of facility management to radically reduce the environmental impact of staging large sporting events. Examine energy issues, water use, facility maintenance and traffic planning with the goal of increasing sustainability and profitability.

ME 346 Consumer Behavior and the Sports Community

3 sessions; \$180

001, Tue.; February 28-March 13, 2012

Hours: 6:30-9:30 p.m.

Location: Room LYN-227

This course will cover consumer influences and financial implications in domestic and international sports. Students will learn marketing strategies and the mindset, attitudes and behaviors that impact sports in the domestic and international communities. We will cover lifestyle, personal and social behavioral case studies.

College credit courses are available in

Sports Management and Sports Merchandising –

Please see

http://www.bergen.edu/pages1/Pages/cat_redirect.aspx

for a description of Bergen Community

College's credit courses

for the spring 2012 semester.

ME 521 Security Officer Recertification Course

1 session \$40

001, Sat.; March 17, 2012

Hours: 9:00 a.m.-5:00 p.m.

Location: TBA

This a mandatory re-certification course for the Security Officer Professional who's NJ State SORA Certification is about to expire. You can attend this course 60 days prior to expiration date. This 8 hour class update you in First Aide, Use of Force, Ethics, Theft Prevention, New Terrorism Awareness and policy of Legal Powers and Limitations. New standard on emergency procedures are discussed. The renewal fee will be \$80.20 to the New jersey State Police is not included in the tuition.

Instructor: Jerry O'Connor

BERGEN AT THE MEADOWLANDS

ServSafe – Certified Food Protection Manager Course

New Jersey Chapter 24 requires that by January 2010, most food establishments should have at least one person in charge be certified with a nationally recognized food safety course. ServSafe, the nation's premier course, meets the state's requirement. Don't miss out on one of the last opportunities to comply with the Chapter 24 Food Protection Manager requirement.

ME 331 ServSafe – Certified Food Protection Manager Course

3 sessions; \$140

001, Mon.; February 6-February 20, 2012

Hours: 8:30 a.m.-12:30 p.m. on 2/6 & 2/13; 8:30 a.m.-10:30 a.m. on 2/20

Location: Room LYN-224

✓NEW

FT 019 ServSafe® - Certified Food Protection Manager Course - Korean

공인 식품 안전 관리자 교육 - 한국어

4 sessions; \$150

001, Th.; March 15-April 5, 2012

Hours: 6:30-9:00 p.m.

Location: Fort Lee High School, 3000 Lemoine Avenue, Fort Lee, NJ

Servsafe 교육은 식인성 질환 예방, 개인 위생, 교차 오염, 시간과 온도의 오염예방, 식품 접수 및 저장, 식품 안전 관리 시스템, 세척 및 살균, 해충관리 및 교육에 대한 상세하고 중요한 내용을 담고 있습니다. 또한, 안전한 식품을 고객에게 제공하기 위해 알아야 할 기본 정보를 학습하게 되고, 식당에서 발생하는 모든 식품 안전 위험을 이해하게 되고, 이 위험들을 줄이는 방법 또한 이해하게 됩니다. 이 교육의 마지막 단계에서 교육생들은 National Restaurant Association에서 주관하는 ServSafe 인증 시험을 치루게 됩니다.

Required Textbook and Exam Answer Sheet

(필수 교재 와 답안지) *ServSafe Essentials, 5th Edition Korean* (with Exam Answer Sheet), National Restaurant Association. BCC 서점과 www.servsafe.com 에서 구입하실 수 있습니다. 교육 시간 전에 반드시 교재를 구입하시기 바라며, 교재 구입 후 최소 2번 교재를 연습하실 것을 강력히 권해 드립니다. DO NOT REMOVE ANSWER SHEET UNTIL LAST DAY OF CLASS WHEN EXAM WILL BE GIVEN.

(인증 시험일까지 교재에 붙어있는 답안지 종이를 떼어내지 마시기 바랍니다.) 인증시험에 합격하시기 위해서는 75점 이상(100점 만점 기준)을 획득하셔야 합니다. 인증시험일에는 반드시 2종류의 신분증(적어도 한 개의 사진이 포함된 신분증)을 지참하기 바랍니다. 모든 교육참석자들은 인증시험을 위해서 모든 교육에 참석하셔야 합니다.

Instructor: Heejun Lee 이 희준, Certified ServSafe® Instructor and Proctor (공인 ServSafe® 강사 및 시험감독관)

ServSafe training covers critical principles including foodborne illness prevention, personal hygiene, cross contamination, time and temperature, receiving and storage, food safety management systems, cleaning and sanitation, pest management and training of hourly employees. **Required textbook and exam sheet:** *ServSafe Essentials, 5th Ed., (with exam answer sheet), National Restaurant Association.* Available at BCC bookstore. **We strongly recommend purchase and review of book prior to start of class. DO NOT REMOVE ANSWER SHEET UNTIL LAST DAY OF CLASS WHEN EXAM WILL BE GIVEN.** A score of 75 on the exam is required in order to obtain a Food Protection Manager Certificate. Bring two forms of ID (one photo) to class on day of exam. Participants must attend all classes to be eligible to take the certification exam.

Instructor: Paul Cimins

Bergen Community College at Fort Lee High School 3000 Lemoine Avenue, Fort Lee, NJ

Bergen Community College's School of Continuing Education at Fort Lee High School!
Professional interest and personal development courses are available.
Please visit our website for our list of offerings.

To view the course catalog go to www.bergen.edu/continuinged

BERGEN COMMUNITY COLLEGE FOUNDATION

For 43 years, Bergen Community College has played a significant role in providing necessary educational opportunities for the residents of this community. Each year, approximately 33,000 students enroll in credit-bearing or continuing education courses. Since 1970, the College has granted degrees and certificates to over 40,000 graduates. Yes, our county and state taxes have made much of this possible – but not all of it. In recent years, less than 25 percent of the College’s annual operational budgets were state and county funded. The balance is raised through tuition and student fees, student aid, grants and private fundraising initiatives coordinated by the Bergen Community College Foundation.

Our ability to sustain and enhance the scope of services provided to the residents of this community is dependent upon contributions from private sources. Through private fundraising efforts, the Foundation - which exists solely to enhance student support including tuition, scholarship and book allocation, faculty development and student programs – seeks to bridge the gap between limited government funding and those resources critical to the College. Without private funding, the scope of services provided would be sharply reduced.

Your Membership in the College Family

You become a member of the Bergen family with a gift to the **BCC Foundation, a 501 (c) 3 non-profit organization**. The Foundation accepts gifts in all amounts – no gift is too small. Gifts may be designated for a specific use or they may be directed to the Foundation’s unrestricted fund to be used wherever it is most needed within the College.

A contribution to the Securing Our Future Endowed Scholarship Fund will ensure available scholarship dollars for deserving students for generations to come. With a gift of \$10,000 or more, you can establish a named endowment in an area of importance to you, your family or your corporation. Whatever the purpose, a contribution to the Foundation is translated into a gift of education that will benefit the residents of this community forever more.

Ways of Giving

Although the easiest gift to give is cash, it is also possible to make a multi-year pledge, donate appreciated securities, insurance, or real estate. You may also opt to remember the Bergen Community College Foundation and a selected fund in your will, annuity or other forms of planned giving. The Foundation staff is available to assist you and your financial adviser in planning the details of such a gift. **Please contact the Foundation at (201) 447-7117 or by e-mail at BCCFoundation@bergen.edu to discuss available options.**

All gifts made payable to the Foundation are tax deductible to the extent allowed by federal and state laws.

INSTITUTE FOR LEARNING IN RETIREMENT

Spring 2012 Program Information

Dr. Ilene Kleinman, Director

201.447.7160

ikleinman@bergen.edu

Location

The ILR office is located in Room Tech-116 in the Technology Education Center. The TECH building is the building next to the Pitkin Education Center. ILR courses will be held in various classrooms in both buildings.

Classroom locations will be posted in the Public Safety area (in Pitkin) as well as outside Room Tech-115. You may call the automated message at (201) 447-7155; or call the ILR office at (201) 447-7156. We also have our own email address at ilr@bergen.edu. You may send an email to ilr@bergen.edu with questions or information on room assignments. Please check room postings as room assignments are occasionally changed.

ILR Spring Program Enrollment

Enrollment in a course requires **COMPLETION OF THE ENTIRE REGISTRATION FORM** as well as payment of membership fee. Members who paid their yearly membership fee in Fall 2011 are already paid. The **Spring 2012 membership fee is \$90**. We are now able to process credit card payments – please call or stop by the ILR office if you would like to pay with a credit card.

Your membership fee entitles you to at least four courses each semester. Every effort will be made to accommodate your requests. Regardless of your choices, you **MUST** sign up for each course so we can plan room size and handouts. **Automatically come to the courses you signed up for** – we will **NOT** call you unless the course is filled.

Also, please **DO NOT** sign up for a class if you do **NOT REALLY PLAN TO ATTEND**. Classroom space is limited and it is unfair to your fellow students. **MAIL EARLY – First Come, First Served! No exceptions.**

CHECK OUT WHAT'S NEW AT THE ILR!!

Saturday offerings – nationally recognized speakers – Spring travel adventures!!

Parking Decal and ID Card – USE PARKING LOT B

Parking decals and ID cards will be issued to **NEW** students the first day of your class by Public Safety, Room L-154. Come early to allow time to process. **IF YOU HAVE A DECAL, IT IS STILL GOOD**. ID cards must be updated each semester.

Please note: Many times college classrooms are not available until the scheduled start of an ILR course. Please do not arrive at a classroom far in advance of the start time and expect the classroom to be available. Please do not block corridors or in any way interrupt a class prior to its end time. Please allow students to exit a classroom before entering.

- PLEASE DO NOT sign up for a course if you know you are going to miss more than one session.
- Please stop by and inform us if you change your mind about a course after you sign up.
- **No refunds**

To register, call: (201) 447-7488 • www.bergen.edu/continuinged

INSTITUTE FOR LEARNING IN RETIREMENT

Emergency Closings

In case the College has to close due to inclement weather:

- Log on to the College's Web site: <http://www.bergen.edu>
- Call the College's main telephone number (201) 447-7100.
- Log on to www.1010wins.com to sign up for email notification of college closings.
- Listen to radio stations: WCBS/880, WOR/710, 1010 WINS, WVNJ 1160
- Watch TV Cablevision/News 12 NJ

MONDAY

In The Record

IR-256

Meet your favorite editors, columnists and writers from The Record and learn about the current newspaper profession.

Mondays: February 13, 20, 27; March 5, 12, 19, 26; April 2

Room: L-131 / **Time:** 1:30-3:00 p.m.

Instructors: Various speakers from *The Record*

Baseball through History and Literature

IR-064

Baseball is a lens through which to view American culture. Through history and literature, this course will do just that, with an emphasis on race and ethnicity.

Mondays: February 23; March 1, 8, 15

Room: TBA / **Time:** 1:00-3:00 p.m.

Instructors: Professors Mark Altschuler (Bergen) and Bill Burke (NJ City University)

Cote d'Ivoire (West Africa)

IR-367

This course discusses the lives of the people of Cote d'Ivoire in both colonial and contemporary times. It will present a general view of the country and emphasize the history, geography, economic and political environment. Also discussed are tourism, culture and traditions which will allow students to better understand this part of the world.

Mondays: February 13, 20, 27; March 5

Room: TBA / **Time:** 1:00-3:00 p.m.

Instructor: Koutouan S. Anouma

Contemporary Issues in Policing

IR-403

This course explores the relationship between the police and the community. Community relationships are examined from political and sociological perspectives. Topics to be covered include: police culture, recruitment, selection and training, citizen complaints and investigative outcomes, the media and community relations, women and minority officers, police professionalism and unionism, discretionary use of police authority, use of force and more.

Mondays: February 13, 20, 27; March 5, 12

Room: TBA / **Time:** 3:30-4:45 p.m.

Instructor: Prof. Michael O'Donovan, Bergen Faculty

James Joyce: Dubliners

IR-161

Join a discussion on one of the most memorable collection of stories ever published. We will discuss a number of the stories in the 15 story collection, and end with the epic "The Dead". Please find a copy of Dubliners to bring to class each week.

Mondays: March 5, 12, 26; April 2

Room: TBA / **Time:** 1:30-3:00 p.m.

Instructor: Prof. Seamus Aidan Gibbons, Bergen Faculty

To register, call: (201) 447-7488 • www.bergen.edu/continuinged

INSTITUTE FOR LEARNING IN RETIREMENT

Great Musicians, Singers and Composers

IR-329

We'll listen to (and see) great artists playing melodious music. And listen to a music critic talk about their lives and their special genius. Topics include:

- Singers: Nelson Eddy and Jeanette MacDonald. "America's lovebirds" They were supposed to be a loving couple, but truth is that they didn't much like each other. We'll see excerpts from the eight films they made together.
- Composer: Maurice Ravel wrote much more than just "Bolero" – which he considered trivial. His best work? Perhaps "Tombeau de Couperin"
- Conductor: Herbert von Karajan admired one conductor above all others: Arturo Toscanini. And he despised one conductor above all others: his rival, Wilhelm Furtwangler.
- Musicians: We'll listen to three great cellists: Jacqueline du Pre, Pablo Casals, and Mstislav Rostropovich. And we will learn the differences between them
- The world of operetta: The best of Gilbert & Sullivan, with excerpts from "Mikado," "Pirates," "Pinafore," and other masterpieces.

Mondays: April 9, 16, 23, 30; May 7

Room: TBA / **Time:** 1:00 -2:30 p.m.

Instructor: Warren Boroson is a former newspaper music editor.

Baby Boomers Tool Kit

IR-422

The first baby boomers turned 65 on January 1, 2011 and about 10,000 more will cross that threshold every day for the next 19 years, according to projections by the Pew Research Center. From the time that Boomers turned 65 in 2011 to the last which will turn 65 in 2029, social security entitlements and market driven corporate benefits will be precarious at best. Discuss strategies and ideas that will help Boomers maneuver the maze with the goal being to maintain the life style that they desire.

Mondays: March 19, 26

Room: TBA / **Time:** 7:00 -9:00 p.m.

Instructor: Corethia V.E. Oates

Movies Matter

IR-328

Join our award winning film maker as we show and discuss significant films in a Socratic fashion. This course will teach you to appreciate the many art forms represented in a film including the photography, lighting, set design and the acting.

Mondays: April 2, 9, 16, 23, 30

Room: TBA / **Time:** 1:00 -3:30 p.m.

Instructor: David Roland

TUESDAY

The Short Work of Alan Bennett

IR-302

This course will discuss Allan Bennett's biography and view the one act plays he wrote for television called "Talking Heads".

Tuesdays: February 7, 14, 21, 28

Room: TBA / **Time:** 1:30-3:00 p.m.

Instructor: Joan Larkin

Beginners Conversational Hebrew

IR-373-001

This course is for beginners who always wanted to learn how to speak Hebrew. Now is your chance! Course taught according to Ulpan method. Knowledge of Hebrew alphabet preferred.

To register, call: (201) 447-7488 • www.bergen.edu/continuinged

INSTITUTE FOR LEARNING IN RETIREMENT

Tuesdays: February 7, 14, 21, 28; March 6, 13, 20, 27; April 3

Room: TBA / **Time:** 11:00 a.m.-12:30 p.m.

Instructor: Roberta Feinsmith

Intermediate Conversational Hebrew

IR-375-001

Knowledge of Hebrew alphabet required. Knowledge of present tense verbs preferred. Course will focus on building vocabulary, grammar and conversation.

Tuesdays: February 7, 14, 21, 28; March 6, 13, 20, 27; April 3

Room: TBA / **Time:** 1:15-3:00 p.m.

Instructor: Roberta Feinsmith

Sing, Sing, Sing

IR-247

Join the Bergen Community College Senior Chorus. This program is open to all for pleasure and fun. We will sing popular music, old standards, and show tunes. The chorus will entertain at our end of the year events and more. No auditions necessary, just a desire to sing.

Tuesdays: February 14, 21, 28; March 6, 13, 20, 27; April 3

Room: L-131 / **Time:** 3:15-4:45 p.m.

Instructor: Barbara Heitmann

Discussion of Hot Topics in Today's News

IR-355

Discuss the "hot" topics and controversial issues in today's news. Learn how our opinions are shaped by news stories.

Tuesdays: February 21, 28; March 6, 13, 20, 27; April 3, 10

Room: TBA / **Time:** 1:00-3:00 p.m.

Instructors: Fred Sauberman and Mitchell Camp

Dehan Meditation

IR-423

Each session will consist of yoga stretching to relax the body, breathing exercises to relax the mind, guided meditation and silent meditation for complete relaxation and peace of mind. Participants must bring yoga mat and must wear clothing conducive to being both seated in chairs and on the floor. Space limited to the first 20 registrants.

Tuesdays: March 6, 13, 20, 27

Room: TBA / **Time:** 11:00 a.m.-1:00 p.m.

Instructor: Saira Afaq

Ancestors out of Africa: a Fossil History

IR-300

Learn how early man evolved from our African ancestors as we examine and discuss the hominid fossils that give us the clues to the four million year history of Homo sapiens. We will also discuss the scientists who were instrumental in these discoveries.

Tuesdays: March 6, 13, 20, 27

Room: TBA / **Time:** 1:00-3:00 p.m.

Instructor: Dr. Thomas A. Ricadela

Enjoyment of Literature

IR-057

This course will discuss the ideas, theories, and techniques for reading selected literature. Readings include poetry, short stories, drama, and the novel. Material for the first class will be available in Tech 115 ONE WEEK before class.

Tuesdays: March 6, 13, 20, 27; April 3

Room: TBA / **Time:** 1:30-3:00 p.m.

Instructor: Dr. Richard Engsborg

To register, call: (201) 447-7488 • www.bergen.edu/continuinged

INSTITUTE FOR LEARNING IN RETIREMENT

Wars of the Middle Ages

IR-424

During the Middle Ages (11th to 15th centuries) the tactics of war evolved. England sought to cohere as a nation while battling against Scotland in the north, with France during the Hundred Years' War, and internally during The War of Roses. This course explores these tumultuous times through The Battle of Bannockburn (1314), Crecy (1346), Poitiers (1356), Agincourt (1415) and Bosworth Field (1485).

Tuesdays: March 6, 13, 20, 27; April 3

Room: TBA / **Time:** 3:30-5:00 p.m.

Instructor: Jacques Harlow

Short Story Discussions

IR-055

This course is a discussion of short story themes, conflicts and reactions to stories recommended by class members and instructor. Students may pick up copies of stories in Tech-115 one week before each class.

Tuesdays: March 13, 20, 27; April 3

Room: TBA / **Time:** 3:15-5:00 p.m.

Instructor: Marsha Rosen

The Mystique of Modern Art

IR-425

Explore the roots and relevancies of modern art movements. Each "ism" and "schism" of 20th century art has precedents in the past on which it builds. Each master of 20th century art has evolved from an old master. This course will explore Fauvism, Expressionism, Cubism, Abstraction, Surrealism, Op and Pop Art, and Modern Realism. Each session will deal with a separate art movement and focus on its leading exponent, i.e. Matisse, Picasso, Mondrian, Kandinsky, Warhol, Dali, etc. Suddenly the art of the 20th century becomes meaningful and fascinating. **SPACE IS LIMITED. IF YOU HAVE TAKEN CHARLOTTE'S COURSE IN THE PAST PLEASE ALLOW SOMEONE ELSE TO HAVE A TURN.**

Tuesdays: March 20, 27; April 3, 10, 17, 24; May 1, 8, 15, 22

Room: L-131 / **Time:** 1:00-3:00 p.m.

Instructor: Charlotte Gluck

Basic Home Repair

IR-389-001

This is a home repair course for anyone who wants to learn the basics of home repair. It is especially designed for the person who knows very little but is not timid or afraid to try. This is a hands-on course; please dress appropriately as you may get dirty. Gloves and safety glasses will be available every class. We will be discussing tools, electricity, and plumbing issues. **Materials fee \$30** paid to instructor on the first day of class. **Limited enrollment.**

Tuesdays: March 20, 27; April 3, 10

Room: TBA / **Time:** 3:15-5:00 p.m.

Instructor: Sal Rotolo

What Everyone Should Know About Personal Finance

IR-073

Don't know the difference between the Dow Jones Industrial Average and the S&P 500? Or which kinds of stocks have done the best over the years? Or how much to have in stocks vs. bonds? This course will enlighten you – and suggest how to construct a portfolio that can bless you with a safe, regular income. **Five different authorities** will speak about different aspects of personal finance. Journalist Warren Boroson will give an introduction to investing.

Tuesdays: April 3, 17; May 1, 15, 29 (NOTE SCHEDULE)

Room: TBA / **Time:** 11:00 a.m.-12:30 p.m.

Instructors: Various

To register, call: (201) 447-7488 • www.bergen.edu/continuinged

INSTITUTE FOR LEARNING IN RETIREMENT

Beginners Conversational Hebrew – Part II

IR-373-002

Course taught according to Ulpan method. Knowledge of Hebrew alphabet preferred. Students will practice engaging in simple conversations.

Tuesdays: April 10, 17, 24; May 1, 8, 15, 22, 29; June 5

Room: TBA / **Time:** 11:00 a.m.-12:30 p.m.

Instructor: Roberta Feinsmith

Intermediate Conversational Hebrew – Part II

IR-375-002

Knowledge of Hebrew alphabet required. Knowledge of present tense verbs preferred. Course will focus on building vocabulary, grammar and conversation.

Tuesdays: April 10, 17, 24; May 1, 8, 15, 22, 29; June 5

Room: L-150 / **Time:** 1:15-3:00 p.m.

Instructor: Roberta Feinsmith

The Binding of Isaac: Genesis 22

IR-249

A new interpretation of this story will be presented, along with the Christian and Muslim understanding of this text. The relationship of this event to the Divine Covenant with Abraham and later Jewish martyrdom and mysticism will also be considered (bring a copy of Genesis if possible).

Tuesdays: May 8, 15, 22, 29

Room: TBA / **Time:** 1:00-3:00 p.m.

Instructor: Dr. Lippman Bodoff

WEDNESDAY

Survey of American Poetry

IR-404

Who says the British have a monopoly on great poetry! Americans have their own poetic giants including: W.H. Auden, Anne Bradstreet, Emily Dickinson, Robert Frost, H.W. Longfellow, Amy Lowell, E.L. Masters, E.S.V. Millay, Walt Whitman, and V. Lindsay. "Some you may already know, some you never heard of; but as you allow your muse to grow, American poetry you will love."

Wednesdays: February 1, 8, 15, 22

Room: TBA / **Time:** 1:00-3:00 p.m.

Instructor: Phil Steinberg

Women Writers from the Middle East

IR-426

Women in the Middle East have a literary tradition that has much to teach Americans about their lives, their cultures, their religious, political, and philosophical views. This class will meet three times to discuss poetry, short stories, and two short memoirs by several women writers who are well known in their homelands: Forugh Forrokhzad (Iran), Altaf Fatima (Pakistan), Nazik al-Mala'ika (Iraq), Simin Daneshvar (Iran), Nawal el-Sa'adawi (Egypt), and Haifa Zangana (Iraq). Most materials to be supplied by the instructor; two books will need to be purchased (Dreaming of Baghdad by Zangana and Memoirs from the Women's Prison by Sa'adawi; both books are available at B&N, Amazon, etc.).

Wednesdays: February 29; March 7, 28

Room: TBA / **Time:** 3:15-5:00 p.m.

Instructor: Professor Pamela Haji, Bergen Faculty

INSTITUTE FOR LEARNING IN RETIREMENT

Social Policy Issues

IR-427

This course will discuss the important and somewhat controversial topics of social security, immigration, taxation, and gender and ethnicity.

Wednesdays: March 7, 14, 21, 28

Room: TBA / **Time:** 1:45-3:00 p.m.

Instructor: Dr. Donald Feldstein

Zoology – the study of animals

IR-428

Zoology is the study of the animal kingdom, its similarities and its diversity. Tie in the information from previous science courses with Professor Lowe.

Wednesdays: March 14, 21; April 4, 11

Room: TBA / **Time:** 1:45-3:00 p.m.

Instructor: Prof. Marty Lowe, Bergen Faculty

The Language and Culture of Gaelic Ireland

IR-174

Gaelic has an important symbolic role in the life of Ireland and is currently experiencing a major revival. This course will be a fun way to learn useful every day expressions and basic conversation. It will also offer insights into the culture and customs of the Gaeltacht (Gaelic speaking) areas in Ireland.

Wednesdays: April 4, 11, 18, 25

Room: TBA / **Time:** 1:00-3:00 p.m.

Instructor: Mary Ann Swords

Contemporary Issues in French

IR-234

Build oral skills and the ability to read articles in the French press during classroom discussions and group readings. Articles from French periodicals and other aids are provided to increase comprehension and encourage oral discussion. Classroom ambience is informal. (Prerequisite: basic knowledge of French grammar and vocabulary.)

Wednesdays: April 4, 11, 18, 25; May 2, 9, 16

Room: TBA / **Time:** 3:15-4:45 p.m.

Instructor: Dr. Virginia Rauch

Basic Home Repair

IR-389-002

This is a home repair course for anyone who wants to learn the basics of home repair. It is especially designed for the person who knows very little but is not timid or afraid to try. This is a hands-on course; please dress appropriately as you may get dirty. Gloves and safety glasses will be available every class. We will be discussing tools, electricity, and plumbing issues. **Materials fee \$30** paid to instructor on the first day of class. **Limited enrollment.**

Wednesdays: March 21, 28; April 4, 11

Room: TBA / **Time:** 3:15-5:00 p.m.

Instructor: Sal Rotolo

Easy Chinese

IR-211

Getting started speaking Chinese is easier than you think. This course is an entertaining introduction to the language of a billion people. Topics will include greetings, food, numbers and culture. The instructor spent two years in Shanghai, China.

Wednesdays: April 11, 18, 25

Room: TBA / **Time:** 3:15-4:30 p.m.

Instructor: Professor Robert Freud, Bergen Faculty

THURSDAY

Introduction to Immunology

IR-392

Learn how your immune system functions to protect you. This course will discuss the immune systems function in preventing and controlling diseases such as cancer, and various autoimmune conditions such as Type I diabetes and lupus. We will also discuss vaccination controversies and the worldwide rise of asthma.

Thursdays: February 2, 9, 16, 23

Room: TBA / **Time:** 3:15-4:15 p.m.

Instructor: Dr. Judith Fitzpatrick, Bergen Faculty

Are Fairy Tales True?

IR-333

What was Jack really doing up the beanstalk? Why did Briar Rose fall asleep for 100 years? Why is the Prince a frog? Children often ask the storyteller, "Is that a true story?" For fairy tales, the answer is "Yes!" We will consider traditional fairy tales and discuss their cultural significance and their insight into individual psychology and growth.

Thursdays: March 1, 8, 15, 22

Room: L-131 / **Time:** 3:15-4:30 p.m.

Instructor: Jack McKeon

Dinosaur Mysteries

IR-379

In this course our very own "Indiana Jones" will discuss and investigate:

- "Triassic Park" – What were the dinosaurs like before the Giants came?
- "T. Rex" – What's in a name?
- Is there a dinosaur in your backyard?
- Where have all the dinos gone, long time passing...

Tuesdays: March 8, 15, 22, 29

Room: TBA / **Time:** 1:30-3:00 p.m.

Instructor: Dr. Thomas A. Ricalde

Winning the Battles of Independence

IR-123

Thirteen disparate colonies declared war on the largest existing empire in the world. They had no chance of success. Despite many losses these colonies prevailed against an inherently stronger, more disciplined British army. Discuss the battles of Quebec (1759, 1775), Trenton (1776), Saratoga (1777), Cowpens (1781) and Yorktown (1781).

Thursdays: March 8, 15, 22, 29; April 5

Room: TBA / **Time:** 3:30-5:00 p.m.

Instructor: Jacques Harlow

Financial Fitness

IR-393

After recent market turndowns, the value of good advice is more obvious than ever. Learn about investment products which provide lifetime income, how inflation can erode your retirement income, the safest way to participate in the stock market, IRA issues, the proper mix and types of bonds and stocks, long-term care coverage, estate preservation and other financial issues.

Thursdays: April 12, 19, 26; May 3

Room: TBA / **Time:** 1:30-3:00 p.m.

Instructor: David Chepauskas, CFP

INSTITUTE FOR LEARNING IN RETIREMENT

Cribbage Club

IR-408

Beginners and experienced players welcome to attend. No cribbage board required, but if you have one bring it and learn how to put it to use! This course will teach you the basic rules of the game and get you playing in no time at all. If you are unfamiliar with the game, cribbage is played with a standard deck of cards. The game is usually played with two players and is considered by many people as the best two-handed card game.

Thursdays: April 12, 19, 26; May 3

Room: TBA / **Time:** 3:15-4:45 p.m.

Instructor: James Cherrey

The United States Constitution

IR-189

This course will cover the events leading to the Constitutional Convention of 1787, and how the Constitution compares with the original Articles of Confederation (our first constitution). Understand the important compromises reached at the Philadelphia convention and the basic principles and ideas of the 1787 document. Discuss the struggle to ratify the Constitution in state elections and the creation of The Bill of Rights, our first ten amendments.

Thursdays: April 19, 26; May 3, 10

Room: L-131 / **Time:** 1:30-3:00 p.m.

Instructor: Tom DeStefano

Please note

The views and opinions expressed in ILR courses are strictly those of the instructors. Because the advice or information given by your instructor may not coincide exactly with your own particular situation, we urge you to:

- Consult your broker or financial advisor before acting upon implied or actual recommendations concerning the investment of your money
- Consult your doctor before following any suggestions pertaining to consumption of medically-related products or other medical advice

FRIDAY

Masaccio and his Contemporaries

IR-431

This class will focus on the life of the 15th-century painter Tommaso di Giovanni di Simone Guidi, known as Masaccio (1401-1428), who changed the course of Italian Renaissance painting before his early death at about age 27. Hailed by early writers of art history as “Giotto Reborn”, he – along with his associates Filippo Brunelleschi and Donatello – is credited with employing newly (re)discovered techniques to visually reproduce the three-dimensional world on the flat surface of a painting.

Friday: February 3, 10, 17 and 24

Room: TBA / **Time:** 1:00-3:00 p.m.

Instructor: Dr. Denise Budd, Bergen Faculty

Benjamin Franklin

IR-402

Hailed as the grandfather of America and as one of the greatest men in history, Ben Franklin is revealed in all facets of his activities as a scientist, politician, ambassador, revolutionary, and lover. Learn of his trial in England which led directly to the Revolution, his negotiations for an alliance with France which made victory possible, his participation in the Declaration of Independence, his famous speech to ratify the constitution and his illegitimate child who became the Governor of New Jersey.

Friday: February 17

To register, call: (201) 447-7488 • www.bergen.edu/continuinged

INSTITUTE FOR LEARNING IN RETIREMENT

Room: TBA / **Time:** 1:00-3:00 p.m.

Instructor: Tom Brennan, actor and director

1-2-3 Crochet Club

IR – 395

Join math professor Sue Cohen for two hours of crocheting and conversation. Beginners and advanced crocheters are welcome. Bring size Q needle and worsted yarn #6.

Fridays: February 17; March 2, 16, 30; April 13, 27 (Note alternate week meetings)

Room: TBA / **Time:** 2:00-4:00 p.m.

Instructor: Prof. Susan Cohen, Bergen Faculty

Coffee and Conversation

IR-065

Join your fellow ILR students for a beverage and thought provoking conversation. We will be hearing from various speakers on a wide variety of topics.

Fridays: February 24; March 2, 9, 16, 23, 30

Room: L-131 / **Time:** 3:15-4:45pm

Birding and Wildlife: The meadowlands of New Jersey

IR-265

Join Hugh Carola as he shares the story of the Hackensack River, a vital commercial and recreational resource, using videos, slide shows, discussions and more.

Fridays: March 2, 9, 16

Room: TBA / **Time:** 1:45-3:00 p.m.

Instructor: Hugh Carola

Maintaining Civility While Accomplishing Work

IR-029

Discuss how a deliberative body such as an association board or town council can maintain civility in discourse while still accomplishing useful work, deciding on projects, allocating money, and resolving disputes. A scripted meeting will involve audience participation, and a follow-up discussion will cover Bylaws and Rules, the foundations for meeting progress.

Fridays: March 9, 16

Room: TBA / **Time:** 1:30-3:00 p.m.

Instructor: Dan Karlan and team

Great Moments from Great Plays

IR-299

Join film and theater actor Tom Brennan as he reenacts scenes from the famous films and plays in which he appeared.

Friday: March 23

Room: TBA / **Time:** 1:00-3:00 p.m.

Instructor: Tom Brennan

Guests in God's House

IR-384

Stewardship of the planet is a fundamental role of humankind, according to all major religions. This course will discuss the religious foundations of environmental protection, and will consider today's environmental issues from a faith-based perspective.

Fridays: April 13, 20, 27; May 4

Room: TBA / **Time:** 1:15-2:45 p.m.

Instructor: Paul Kaufman

AARP Driver Safety Program

IR-088

Remove two points from your driving record, get a 5% discount on your car insurance, and learn how to be a better driver. **Check for \$14.00 additional fee made**

To register, call: (201) 447-7488 • www.bergen.edu/continuinged

INSTITUTE FOR LEARNING IN RETIREMENT

payable to AARP at first class.

Fridays: April 13, 20

Room: TBA / **Time:** 10:00 a.m.-1:00 p.m.

Instructor: Frank Conte

Walt Whitman

IR-429

Walter "Walt" Whitman (1819-1892) was an American poet, essayist and journalist and is among the most influential poets in the American canon. A humanist, Whitman was a part of the transition between transcendentalism and realism, incorporating both views in his works. His work was very controversial in its time, particularly his poetry collection *Leaves of Grass*, which was described as obscene for its overt sexuality. (http://en.wikipedia.org/wiki/Walt_Whitman).

Friday: April 27

Room: TBA/Time: 1:00-3:00 p.m.

Instructor: Tom Brennan

Southern Discomfort

IR-430

This course will discuss the role that slavery and racism played and plays in American history and politics. This can be understood by looking at the biographies of various southern leaders including John C. Calhoun, John Breckinridge, Robert E. Lee, James Polk and John Wilkes Booth. There will also be discussion on how their legacies carry over into current day politics and policy.

Fridays: May 4, 11, 18, 25

Room: TBA / **Time:** 1:45-3:00 p.m.

Instructor: Martin Alboum

Special Events for ILR students

Black History Month

Women's History Month

African American Women in Suburbia Conference

February

March

March 26

Details on special programs will be available in February. Please stop by the ILR office.

SATURDAY

ILR History Club

IR-397

Join the ILR History Club at its monthly meetings at the Ciarco Learning Center (CLC) in Hackensack.

Saturdays: January 28; February 25; March 31; April 28; May 19

Room: CLC-103 / **Time:** 2:00-4:00p.m.

Instructors: Marty Alboum and Lois Erwin

Pet Care for Every Stage of Life

IR-412

In this workshop pet owners will learn the basics of grooming, including how to brush your pet's teeth, safe nail and ear care, the importance of bathing and brushing, proper medication techniques, and more. Learn how to make the most of your relationship with your pet, from how to kitty/puppy-proof your house to the special nutritional and exercise needs of senior pets. This informative class will include hands-on practice using animal prototypes. **Enrollment limited.**

Saturday: April 7

Room: TBA / **Time:** 9:00 a.m.-12:00 p.m.

Instructor: Lisa Picht, LVT

To register, call: (201) 447-7488 • www.bergen.edu/continuinged

INSTITUTE FOR LEARNING IN RETIREMENT

Alice Paul and the Suffragette Movement

IR-398

The presentation deals with New Jersey born Alice Paul, a key figure in getting the 19th Amendment (giving women the right to vote) passed in 1920. Paul's Quaker background is explored in an effort to understand her strong advocacy of women's rights. The slide show illustrates postcards and cartoons from the period which gives a humorous (and not so humorous) look at the suffragette movement from 1900 to 1920. Also a mention of New Jersey's role in suffrage is noted. For a brief period in the late 18th and early 19th centuries women and free blacks had a right to vote in New Jersey.

Saturday: April 14

Room: TBA / **Time:** 9:30-11a.m.

Instructor: Charles F. McSorley

Matthew Brady and the Civil War

IR-399

The presentation is twofold - it deals with the life of Mathew Brady and also with his contributions to American photojournalism. This elusive, intriguing figure was part historian, part hustler and part showman. Did Brady really take all those pictures in the Civil War? Does he deserve all the credit he received for all the great pictures taken in mid 19th century America? The portrait of Abraham Lincoln on the five dollar bill comes from a Brady photograph. The second part of this presentation is a slide show set to music and commentary that highlights Brady's work and his Civil war views.

Saturday: April 14

Room: TBA / **Time:** 11:30 a.m.-1:00 p.m.

Instructor: Charles F. McSorley

Theodore Roosevelt

IR-400

Attend a revealing presentation on the life and times of Theodore Roosevelt. Learn how Roosevelt coped with late 19th century corporate corruption, an energy crisis and contaminated food supply all while guiding the country from a primarily rural landscape to a more complex urban jungle. Interwoven into the presentation are other significant figures such as J.P. Morgan and socialist Eugene V. Debs and how Roosevelt had to work with and around them. At the end of the presentation the floor will be open to questions.

Saturday: April 14

Room: TBA / **Time:** 1:30-3:00 p.m.

Instructor: Charles F. McSorley

Pet First Aid

IR-413

Your best friend depends upon you for love, affection and his/her well being. In this class, you will learn the basics of first aid, how to handle an injured animal and the normal vital signs for cats and dogs. Students will practice the proper techniques for securing limbs and performing CPR on animal models. This class is a must for pet owners. **Enrollment limited.**

Saturday: April 21

Room: TBA / **Time:** 9:00 a.m.-12:00 p.m.

Instructor: Lisa Picht, LVT

INSTITUTE FOR LEARNING IN RETIREMENT

TRAVEL ADVENTURES

Offered in collaboration with the Glen Rock Community School. Fees include transportation. Not responsible for unforeseen circumstances, i.e. traffic delays or acts of God. Please let us know if you have special needs. No refunds if you cancel. Call (201) 389-5011, extension 3 for more information. Stop by Tech 115 to register.

Polished Apple **\$83**

Wednesday, April 18

Come to New York and enjoy the landmarks we love so much. Our first stop is Gracie Mansion, home to most of the mayors of New York City. Take a one hour walking tour and learn the history of the mansion. For lunch we travel to the famous Carmine's uptown on Broadway. Our final stop of the day will be the Museum of the City of New York to view the many different exhibits on a self-guided tour. Please wear comfortable walking shoes and bring photo ID. Bus departs the Glen Rock pool at 8 a.m. and returns approximately 4:30 p.m.

Culinary Institute Tour/Lunch & River Cruise **\$92**

Thursday, April 26

Start the day with a drive to the Culinary Institute of America for a tour and lunch. The CIA is located in Hyde Park, N.Y. on the Hudson River's east bank. First we will have a guided tour given by the CIA students. After the tour enjoy a three-course lunch at the award winning Caterina de Medici- Italy's authentic flavors in a magnificent Tuscan villa setting. The menu includes: first course- Classic Lasagna, the entrée today is Chicken Two Ways, dessert today: Warm Chocolate Lava Cake with Vanilla Gelato. After lunch take a short drive to Kingston, N.Y. for a two hour cruise up the Hudson. For over twenty years, Hudson River Cruises has provided passengers a first-hand view of the historic shoreline from the decks of the Rip Van Winkle. After the cruise begin our journey home. Depart the Glen Rock pool at 8 a.m. Return to Glen Rock approximately 6 p.m.

Bronx Bombers Tour, Lunch and Shopping **\$79**

Thursday, May 3

Begin the day with a drive to Arthur Avenue, one of the more famous streets in the Bronx. Here you will find shopping for the best Italian food in the area (ex: cheese, bread, Italian meats, cakes and cookies). Bring coolers for your purchases. After time for shopping enjoy lunch at one of the local restaurants (included). Last, we will make our way to the new and much acclaimed "Yankee Stadium". Take a 1-hour tour of the Yankee Museum, Monument Park, Dugout, Batting Cages and locker room (of course, all locations are subject to availability). Depart the Glen Rock pool at 9 am and returns approximately 4:30 p.m.

Benefits of Membership

Cafeteria – Our cafeteria is open Monday to Thursday 7:30 A.M. to 6:00 P.M.; Friday 7:30 A.M. to 3:00 P.M. Dunkin' Donuts is located off the Student Center and is open weekdays 7:30 A.M. to 8:00 P.M. and Saturday 7:30 a.m. to 1:00 p.m.

Dental Hygiene Clinic – This on-campus program is open to ILR members with BCC ID. Call (201) 447-7180 for an appointment. Minimal charges.

Swimming Pool – Spring pool schedule and release forms are available in Room HS 100 after January 20. You must complete a release form (physical within one year) and return it to the Nurse's Office and receive a medical card before you use the pool.

Library – ILR members may borrow items from the BCC Library by presenting their student ID cards at the desk.

To register, call: (201) 447-7488 • www.bergen.edu/continuinged

INSTITUTE FOR LEARNING IN RETIREMENT

Registration Form

I paid my yearly membership in September 2011.

I did not join in September 2011. I want to be a member of the ILR at Bergen Community College. Enclosed is my check for \$90.00 THROUGH JUNE 2011.

Automatically come to the classes for which you registered. You will be notified ONLY if the course is filled by the time we receive your registration.

PLEASE PRINT. We MUST have your phone number so that we can notify you if a class is cancelled or changed.

Name: _____

Address: _____

Town: _____

Zip Code: _____

Email: _____

Phone: _____

Cell: _____

Date of Birth: _____

Course Number

Course Title

1 IR- _____

2 IR- _____

3 IR- _____

4 IR- _____

Incomplete applications will be returned by mail and your registration delayed.

SPRING 2012

Mail to:

Dr. Ilene Kleinman

Bergen Community College

Institute for Learning in Retirement

400 Paramus Road, Room TEC 116

Paramus, New Jersey 07652-1595

Phone: (201) 447-7156

Please complete registration form and mail check or money order for \$90.00 payable to ILR-BCC.

PLEASE MAKE A COPY OF YOUR CHOICES FOR YOURSELF.

Send ORIGINAL copy to us with your payment. NO REFUNDS.

To register, call: (201) 447-7488 • www.bergen.edu/continuinged

MOSES FAMILY MEETING & TRAINING CENTER

The Moses Family Meeting and Training Center located in the Technology Education Center on the Paramus campus of Bergen Community College is proud to host the region's business, industry, and civic leaders.

Make it your business to team up with the professionals at The Moses Family Meeting and Training Center. We offer over 5,500 square feet of flexible meeting space featuring cutting edge technology at affordable half and full day rates.

- Conferences
- Business Meetings
- Executive Sessions
- Networking Events
- Corporate Training
- Fund Raising Events
- Award Dinners
- Marketing and Trade Shows

**For more information or to schedule a tour of the facilities,
please call Tracy Miceli at (201) 689-7629**

